

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2023

		<p>8:00 Current Events 1 9:30 Campus walk 10:00 Exercise Class 11:30 Lunch & Piano Bob 1:30 Eldergrow (ACC) 3:00 Trivia Hour</p>	<p>8:30 This Day in History 2 9:30 Local Shopping 10:00 Exercise Class 11:30 Conversations w/Pastor Chris 1:30 Pina Coladas 3:00 IL Bingo 3:30 Trivia iN2L TV</p>	<p>8:00 Current Events 3 10:00 Exercise for ALL 1:30 Lemonade on the Patio 2:00 Aquatics Class 3:00 Rest & Restore 3:30 Who AM I?</p>	<p>International Beer Day 4 9:30 Buellton Shopping 10:00 Exercise Class 1:00 Social Hour 2:00 Handwork Club 3:00 International Beer Tasting</p>	<p>National Watermelon Day 5 8:30 Saturday Morning News 10:00 Chair Yoga 1:00 Movie Matinee & popcorn 2:00 Watermelon & Tajin 3:30 Music Hour</p>
<p>8:45 Church Rides 6 9:15 Bethania Church Live Stream 10:00 YouTube Exercise video 11:30 Lunch 1:30 Sunshine on the Patio 3:30 Reminisce</p>	<p>8:30 Coffee & Chats 7 10:00 Exercise for All 12:30 Atterdag Support Group 1:00 Nail Spa 3:00 Brain Games & Happy Hour</p>	<p>8:30 Current Events 8 9:00 ALB Exercise Class 10:00 Exercise for ALL 11:30 Lunch & Piano Bob 1:30 Macadamia Nuts Tasting 3:00 Bible Study</p>	<p>8:30 This Day in History 9 9:30 Local Shopping 10:00 Exercise Class 1:30 Yoga 3:00 IL Bingo 3:30 Trivia iN2L TV</p>	<p>National Smores Day 10 8:00 Current Events 10:00 Exercise for ALL 10:00 Grief Group 1:30 Let's Make Smores 2:00 Aquatics Class 3:00 Happy Hour music w/Buddy C</p>	<p>9:30 Buellton Shopping 11 10:00 Exercise Class 1:00 Social Hour 2:00 Handwork Club 3:00 Trivia Hour 3:00 Blackjack card game IL LR</p>	<p>8:30 Saturday Morning News 12 10:00 Chair Yoga 1:00 Movie Matinee & popcorn 3:30 Trivia iN2L TV</p>
<p>8:45 Church Rides 13 9:15 Bethania Church Live Stream 10:00 YouTube Exercise video 11:30 Lunch 1:30 Sunshine on the Patio 3:30 Reminisce 4:00 Gospel Quartet</p>	<p>8:30 Coffee & Chats 14 10:00 Exercise for All 12:30 Resident Assembly 1:00 Nail Spa 3:00 Brain Games & Happy Hour</p>	<p>8:30 Current Events 15 9:00 ALB Exercise Class 10:00 Exercise for ALL 11:30 Lunch & Piano Bob 1:00 Travels w/Art & Barbara 1:30 Eldergrow (ACC) 3:00 Bingo</p>	<p>8:30 This Day in History 16 9:30 Local Shopping 10:00 Exercise Class 1:30 Yoga 3:00 IL Bingo 3:30 Birthday Happy Hour w/Kevin Fox 4:30 Birthday Diner</p>	<p>Hawaiian Luau 17 8:00 Current Events 10:00 Exercise for ALL 10:00 Hawaiian Documentary 1:30 Rest & Restore 2:30 Luau Celebration (Comm. Center)</p>	<p>9:30 Buellton Shopping 18 10:00 Exercise Class 1:00 Social Hour 2:00 Handwork Club 3:00 Trivia Hour 3:00 Beer & Bocce</p>	<p>8:30 Saturday Morning News 19 10:00 Chair Yoga 1:00 Movie Matinee & popcorn 3:30 Social Hour</p>
<p>8:45 Church Rides 20 9:15 Bethania Church Live Stream 10:00 YouTube Exercise video 11:30 Lunch 1:30 Sunshine on the Patio 3:30 Reminisce</p>	<p>8:30 Coffee & Chats 21 10:00 Exercise for All 1:00 Nail Spa 3:00 Brain Games & Happy Hour</p>	<p>8:30 Current Events 22 9:00 ALB Exercise Class 10:00 Exercise Class 11:30 Lunch & Piano Bob 1:30 Bingo 3:00 Bible Study</p>	<p>8:30 This Day in History 23 9:30 Local Shopping 10:00 Exercise Class 1:30 Yoga 3:30 Trivia iN2L TV</p>	<p>8:00 Current Events 24 10:00 Exercise for ALL 10:00 Grief Group 10:15 Dog Parade (around campus) 1:30 Lemonade on the Patio 2:00 Aquatics Class 3:00 Brain Games</p>	<p>9:30 Buellton Shopping 25 10:00 Exercise Class 1:00 Social Hour 2:00 Handwork Club 3:00 Trivia Hour 3:00 Blackjack Card Game IL LR</p>	<p>8:30 Saturday Morning News 26 10:00 Chair Yoga 1:00 Movie Matinee & popcorn 3:30 Family Feud iN2L TV</p>
<p>8:45 Church Rides 27 9:15 Bethania Church Live Stream 10:00 YouTube Exercise video 11:30 Lunch 1:30 Sunshine on the Patio 3:30 Reminisce 4:00 Gospel Quartet</p>	<p>National Red Wine Day 28 8:30 Coffee & Chats 10:00 Exercise for All 1:00 Nail Spa 3:00 Brain Games & Red wine 5:00 Alzheimer Support group (Comm. Center)</p>	<p>8:30 Current Events 29 9:00 ALB Exercise Class 10:00 Braille Institute (Comm. Center) 11:30 Lunch & Piano Bob 3:00 ALB Bingo</p>	<p>8:30 This Day in History 30 9:30 Local Shopping 10:00 Exercise Class 1:30 Yoga 3:00 IL Bingo Extravaganza 3:30 Trivia iN2L TV</p>	<p>Atterdag Ice Cream Cart 31 8:00 Current Events 10:00 Exercise for ALL 10:00 Grief Group 1:45 Ice Cream Cart 2:00 Aquatics Class 3:00 Who AM I Trivia? 6:00 End of Summer Concert (VG)</p>		

All activities are subject to change