

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>May Day 1</b> 8:30 Get Fit 9:30 Bethania Church 10:30 Balloon Fun Lunch 12:30 Walks With Staff 1:30 Bingo 2:30 May Day Word Games 3:00 May Day History <i>May Day</i>	<b>8:30 Work Out Fun 2</b> 9:00 Balloon Bounce 10:00 Monday Manicures 11:00 Piano Bob Lunch 12:30 Creative Corner 1:30 Patio Happy Hour 2:30 iN2L Fun 3:30 Lawrence Welk	<b>8:30 Tone it Tuesdays 3</b> 9:00 Balloon Toss 9:30 Hydration Station 10:00 Cooking Class PB&Js 10:30 Clean Up Break 12:30 Crazy Crosswords 2:00 Trivia 3:30 Fun With Tammy	<b>National Bird Day 4</b> 8:30 Sweating to the Oldies 9:00 Balloon Bop 10:00 Sing Along With Kevin Fox Lunch 12:30 Glamour Hour 1:00 Pianist Bev 2:00 Snack Break 2:30 Nat Geo Birds	<b>Happy Cinco De Mayo 5</b> 8:30 Morning Workout 9:00 Balloon Bash 9:30 Cinco De Mayo Shopping Game 10:00 Hair With Flare Glamour Hour Lunch 12:30 Walks With Staff 1:30 Cinco De Mayo Word Games and Snacks	<b>8:30 Fit Friday 6</b> 9:00 Balloon Workout 10:00 Coffee and Real Life Stories Lunch 12:30 Bingo 1:30 Walks With Staff 2:00 Patio Games 3:00 Friday Movie Fun	<b>8:30 Balloon Blaze With May 7</b> 9:00 Saturday Stretches 9:30 Hydration Station 10:00 Resident Choice Lunch 12:30 Walks With Staff 1:30 Cornhole Happy Hour 2:00 Heartland Break With Snacks
<b>Happy Mother's Day 8</b> 8:30 Get Fit W/Balloon 9:00 Bethania Church 10:00 Music With Taylor Lunch 12:30 Walks With Staff 1:30 Mother's Day Word Search 3:00 Mother's Day Tea <i>Mother's Day</i>	<b>8:30 Work Out Fun 9</b> 9:00 Balloon Bounce 10:00 Monday Manicures 11:00 Piano Bob Lunch 12:30 Group Puzzle Work 1:30 In2L Price is Right 2:30 Snack Cart 3:30 Heartland	<b>8:30 Tone it Tuesdays 10</b> 9:00 Balloon Toss 9:30 Hydration Station 10:00 Cooking Class Apple Sandwiches 10:30 Clean Up Break Lunch 12:30 Watercolors 2:00 Hair Do Fun 3:30 Fun With Tammy	<b>8:30 Sweating to the Oldies 11</b> 9:00 Balloon Bop 10:00 Sing Along With Kevin Fox Lunch 12:30 iN2L Party Residence Choice 1:00 Pianist Bev 2:00 Snack Break 2:30 Chair Travel Hawaii	<b>Happy Birthday Ruth P 12</b> 8:30 Morning Workout 9:00 Balloon Bash 9:30 Coffee and Chicken Soup For the Soul Stories 10:00 Glamour Hour Lunch 12:30 Watercolors 1:30 Root Beer Floats For Ruth on the Patio 3:30 Fun With Tammy	<b>National Apple Pie Day 13</b> 8:30 Fit Friday 9:00 Balloon Workout 9:30 Apple Pie History 10:00 Pie Word Search Lunch 12:30 Bingo 1:30 Reminisce my Favorite Music 2:30 Apple Pie Samplers 3:30 Golden Girls	<b>National Dance Like a Chicken Day 14</b> 8:30 Balloon Blaze With May 9:00 Saturday Stretches 9:30 Coffee Cart 10:00 iN2L Fun Lunch W/ Staff Chicken Dance Performance 12:30 Walks With Staff 1:30 Movie W/Popcorn
<b>8:30 Get Fit 15</b> 9:00 Balloon Fun 9:30 Bethania Church 10:30 Reminisce 50s Lunch 12:30 Walk With Staff 1:30 Bingo 2:30 Patio Snack and Chat 3:30 Word Games	<b>8:30 Work Out Fun 16</b> 9:00 Balloon Bounce 10:00 Monday Manicures 11:00 Piano Bob Lunch 12:30 Get Crafty 1:30 Enjoy Some Sun Fun on the Patio 2:30 In2L Games Resident Choice 3:30 Lawrence Welk	<b>8:30 Tone it Tuesdays 17</b> 9:00 Balloon Toss 9:30 Hydration Station 10:00 Cooking Class Microwave Smores 10:30 Clean Up Break Lunch 12:30 Group Puzzle Project 2:00 Snack and Chat 3:30 Fun With Tammy	<b>8:30 Sweating to the Oldies 18</b> 9:00 Balloon Bop 10:00 Sing Along With Kevin Fox Lunch 12:30 Glamour Hour 1:00 Pianist Bev 2:00 Snack Break 2:30 Nat Geo Butterflies 4:30 Birthday Dinner	<b>8:30 Morning Workout 19</b> 9:00 Balloon Bash 9:30 Coffee and Riddles 10:00 Glamour Hour Lunch 12:30 Coloring Corner 1:30 Coloring on the Patio 2:30 Snack Break 3:30 Fun With Tammy	<b>National Millionaire Day 20</b> 8:30 Fit Friday 9:00 Balloon Workout 9:30 Manicures Lunch 12:30 Bingo 1:30 Play iN2L Who Wants to be a Millionaire 2:00 Root Beer Float Fun 3:30 Golden Girls	<b>8:30 Balloon Blaze With May 21</b> 9:00 Saturday Stretches 9:30 Hydration Station 10:00 Trivia Challenge Lunch 12:30 Crafty Corner 1:30 Patio and Ice Cream W/Friends 2:30 Riddles 3:30 Jeopardy <i>Jeopardy</i>
<b>8:30 Get Fit 22</b> 9:00 Balloon Fun 9:30 Bethania Church 10:30 Crossword Challenge Lunch 12:30 Walks With Staff 1:30 Bingo 2:30 Snack Cart and Music	<b>8:30 Work Out Fun 23</b> 9:00 Balloon Bounce 10:00 Monday Manicures 11:00 Piano Bob Lunch 12:30 Group Games 1:30 Quiz Questions 2:30 Cookie and Coffee Cart 3:30 Heartland <i>Victoria Day (Canada)</i>	<b>8:30 Tone it Tuesdays 24</b> 9:00 Balloon Toss 9:30 Hydration Station 10:00 Cooking Class Cupcake Cones 10:30 Clean Up Break Lunch 12:30 Word Search Fun 2:00 Snack Break 3:30 Fun With Tammy	<b>8:30 Sweating to the Oldies 25</b> 9:00 Balloon Bop 10:00 Sing Along With Kevin Fox Lunch 12:30 iN2L Fun Resident Choice 1:00 Pianist Bev 2:00 Snack Break 2:30 Chair Travel Mexico	<b>8:30 Morning Workout 26</b> 9:00 Balloon Bash 9:30 Coffee and Chicken Soup For the Soul Stories 10:00 Glamour Hour Lunch 12:30 Mason Jar Suncatchers 1:30 Snack Social 3:30 Fun With Tammy	<b>Happy Birthday Pat 27</b> 8:30 Fit Friday 9:00 Balloon Workout 9:30 Coffee and Stories From Around the World 10:00 Cross Word Craze Lunch 12:30 Bingo 1:30 Walks With Staff 2:00 Ice Cream For Pat 3:30 Friday Movie Fun	<b>8:30 Balloon Blaze With May 28</b> 9:00 Saturday Stretches 9:30 Resident Choice 10:00 Coffee Break Lunch 12:30 Walks With Staff 1:30 Group Work Word Games 2:30 Snack and Chat 3:30 Jeopardy
<b>National Paper Clip Day 29</b> 8:30 Get Fit 9:00 Balloon Fun 9:30 Bethania Church 10:00 Paper Clip Craft Lunch 12:30 Walks With Staff 1:00 Bingo 2:00 Patio Happy Hour	<b>National Creativity Day 30</b> 8:30 Work Out Fun 9:00 Balloon Bounce 10:00 Monday Manicures 11:00 Piano Bob 11:30 Memorial Day BBQ Lunch 12:30 Creative Corner 1:30 Memorial Day Facts and History 2:30 Ice Cream Social <i>Memorial Day</i>	<b>8:30 Tone it Tuesdays 31</b> 9:00 Balloon Toss 9:30 Hydration Station 10:00 Cooking Class Mini Pizzas Lunch 10:30 Clean Up Break Lunch 2:00 Hair Do Redo 3:30 Fun With Tammy	<h1>May 2022</h1> <p>Atterdag Personal Care Activities            Breakfast -7:30 Lunch -11:30 Dinner 4:30</p>			