

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>7:45 Breakfast Church Rides 8:00 Hot Chocolate &amp; Mexican bread 9:15 Bethania Church Live Stream 11:30 Lunch 1:00 Game Time 3:00 Coffee &amp; Chats 4:30 Dinner</p> <p><b>Happy Mother's Day</b></p> <p>7:45 Breakfast Church Rides 9:15 Bethania Church Live Stream 11:30 Mother's Day Lunch 1:00 Game Time 3:00 Coffee &amp; Chats 4:30 Dinner</p> <p>7:45 Breakfast Church Rides 9:15 Bethania Church Live Stream 11:30 Lunch 1:00 Game Time 3:00 Reminisce on the Patio 4:30 Dinner</p> <p>7:45 Breakfast Church Rides 9:15 Bethania Church Live Stream 11:30 Lunch 1:00 Game Time 2:30 Ice Cream Cones &amp; Chats on the Patio 4:30 Dinner</p> <p>7:45 Breakfast Church Rides 9:15 Bethania Church Live Stream 11:30 Lunch 1:00 Game Time 3:00 Coffee &amp; Chats 4:30 Dinner</p>	<p>7:45 Breakfast 9:00 Interm. Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 1:00 Tai-Chi w/Don 1:00 Fresh fruit &amp; Mexican Music on the patio 3:00 Armchair travel to Mexico 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Intermediate Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 1:00 Tai-Chi w/Don 3:00 Sunshine &amp; Lemonade 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Intermediate Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 1:00 Tai-Chi w/Don 3:00 Sunshine &amp; Lemonade 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Intermediate Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 1:00 Tai-Chi w/Don 3:00 Sunshine &amp; Lemonade 4:30 Dinner</p> <p>Victoria Day (Canada)</p> <p><b>MEMORIAL DAY</b></p> <p>7:45 Breakfast 9:00 Interm. Exercise 10:00 Exercise for All 11:30 BBQ Lunch &amp; Piano 1:00 Tai-Chi w/Don 3:00 Sunshine &amp; Lemonade 4:30 Dinner</p>	<p>7:45 Breakfast 9:00 Intermediate Exercise 9:30 Mass w/Father Peter 10:00 Exercise for All 11:30 Lunch &amp; Piano 1:00 Tequila Margaritas 2:00 Aquatics Class 3:00 BINGO (IL LR) 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Intermediate Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 2:00 Aquatics Class 3:00 BINGO (IL LR) 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Intermediate Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 2:00 Aquatics Class 3:00 BINGO (IL LR) 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Intermediate Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 2:00 Aquatics Class 3:00 BINGO (IL LR) 4:30 Dinner</p>	<p>7:45 Breakfast 9:00 Inter. Exercise 10:00 Local Shopping 10:00 Exercise for All 11:30 Lunch &amp; Piano 12:45 Drumming for Fitness 3:30 5 de Mayo trivia w/ Mexican Beer 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Interm. Exercise 10:00 Local Shopping 10:00 Exercise for All 11:30 Lunch &amp; Piano 12:45 Drumming for Fitness 3:30 Happy Hour &amp; Brain Games 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Intermediate Exercise 10:00 Shopping 10:00 Exercise for All 11:30 Lunch &amp; Piano 12:45 Drumming for Fitness 3:30 Brain Games &amp; Happy Hour 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Interm. Exercise 10:00 Local Shopping 10:00 Exercise for All 11:30 Lunch &amp; Piano 12:45 Drumming for Fitness 3:30 Happy Hour &amp; Games 4:30 Dinner</p>	<p><b>HAPPY CINCO DE MAYO</b></p> <p>7:45 Breakfast 9:00 Inter. Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 12:00 Mexican Food Tasting 2:30 Cinco de Mayo Happy Hour w/Josue Hernandez 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Intermediate Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 2:00 Aquatics Class 3:00 Mother's Day Tea 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Intermediate Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 2:00 Aquatics Class 3:00 Country Ride 4:30 Dinner</p>	<p>7:45 Breakfast 9:00 Intermediate Exercise 9:30 Buellton Shopping 10:00 Exercise for All 11:30 Lunch &amp; Piano 1:30 Tai-Chi 2:30 Country Ride 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Intermediate Exercise 9:30 Buellton Shopping 10:00 Exercise for All 11:30 Lunch &amp; Piano 1:00 Nail Spa 1:30 Tai-Chi 3:00 Bocce 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Intermediate Exercise 9:30 Buellton Shopping 10:00 Exercise for All 11:30 Lunch &amp; Piano 1:30 Tai-Chi 3:00 Bocce 4:30 Dinner</p> <p>7:45 Breakfast 9:00 Intermediate Exercise 9:30 Buellton Shopping 10:00 Exercise for All 11:30 Lunch &amp; Piano 1:30 Tai-Chi 3:00 Bocce 4:30 Dinner</p>	<p>7:45 Breakfast 10:00 Morning Exercise 11:30 Lunch 1:00 Movie Matinee w/Popcorn 2:30 Mother's Day Flower Arrangements 4:00 Dinner</p> <p>7:45 Breakfast 10:00 Bingo 11:00 Picnic Lunch at Riverview Park 1:00 Movie Matinee w/Popcorn 4:00 Dinner</p> <p>7:45 Breakfast 10:00 Morning Chats 11:30 Lunch 1:00 Movie Matinee w/Popcorn 4:00 Dinner</p> <p>Armed Forces Day</p> <p>7:45 Breakfast 10:00 Room Visits 11:30 Lunch 1:00 Movie Matinee w/Popcorn 3:00 Brain Games 4:00 Dinner</p>
<p>7:45 Breakfast Church Rides 9:15 Bethania Church Live Stream 11:30 Lunch 1:00 Game Time 3:00 Coffee &amp; Chats 4:30 Dinner</p>	<p>7:45 Breakfast 9:00 Interm. Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 1:00 Tai-Chi w/Don 3:00 Sunshine &amp; Lemonade 4:30 Dinner</p>	<p>7:45 Breakfast 9:00 Intermediate Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 2:00 Aquatics Class 3:00 BINGO (IL LR) 4:30 Dinner</p>	<p>7:45 Breakfast 9:00 Interm. Exercise 10:00 Local Shopping 10:00 Exercise for All 11:30 Lunch &amp; Piano 12:45 Drumming for Fitness 3:30 Happy Hour &amp; Games 4:30 Dinner</p>	<p>7:45 Breakfast 9:00 Intermediate Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 2:00 Aquatics Class 3:00 Country Drive 4:30 Dinner</p>	<p>7:45 Breakfast 9:00 Intermediate Exercise 9:30 Buellton Shopping 10:00 Exercise for All 11:30 Lunch &amp; Piano 1:30 Tai-Chi 3:00 Bocce 4:30 Dinner</p>	<p>7:45 Breakfast 10:00 Room Visits 11:30 Lunch 1:00 Movie Matinee w/Popcorn 3:00 Brain Games 4:00 Dinner</p>
<p>7:45 Breakfast Church Rides 9:15 Bethania Church Live Stream 11:30 Lunch 1:00 Game Time 3:00 Coffee &amp; Chats 4:30 Dinner</p>	<p><b>MEMORIAL DAY</b></p> <p>7:45 Breakfast 9:00 Interm. Exercise 10:00 Exercise for All 11:30 BBQ Lunch &amp; Piano 1:00 Tai-Chi w/Don 3:00 Sunshine &amp; Lemonade 4:30 Dinner</p>	<p>7:45 Breakfast 9:00 Intermediate Exercise 10:00 Exercise for All 11:30 Lunch &amp; Piano 2:00 Aquatics Class 3:00 BINGO (IL LR) 4:30 Dinner</p>	<p>Atterdag Village Assisted Living Activities Calendar <b>May 2022</b></p> 			

\*ALL ACTIVITIES ARE SUBJECT TO CHANGE\*