

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2021

## Atterdag Personal Care Activities

			
		<p>9:30 Glam hour 10:30 water plants in patio 11:00 Coffee Shop 12:30 Afternoon walks 2:00 Snack hour &amp; May day facts 3:00 one on ones</p> <p>May Day</p>	
<p><b>2</b></p> <p>9:30 Bethania Service 10:30 Morning Stretches 12:30 Jeopardy 1:30 snack &amp; chat 2:30 One on ones</p>	<p><b>3</b></p> <p>9:00 Morning exercise 10:00 Balloon Toss 11:00 Piano Bob 12:30 Puzzle Fun 1:30 Afternoon walks 2:30 Snacks &amp; documentary</p>	<p><b>4</b></p> <p>9:00 Glam Hour 10:00 Balloon toss 10:30 chair workouts 12:30 Memory games 1:30 Happy hour 2:30 one on ones</p>	<p><b>5</b></p> <p>8:30 Morning Exercise 9:15 Balloon Toss 10:00 morning walks 11:30 Taco Bar 12:30 mini fiesta 2:00 Happy hour &amp; mariachi singer @ village square</p> <p>Cinco de Mayo</p>
<p><b>6</b></p> <p>9:00 Positive world news 10:00 Glam hour 12:30 Let's get fit 1:30 Hydration station 2:30 snacks &amp; Sinatra</p>	<p><b>7</b></p> <p>9:00 Morning Movement 10:00 Hot coco &amp; cookies 12:30 Mother's day tea with piano Bob 2:00 America's funniest home videos <i>*national world laughter</i></p>	<p><b>8</b></p> <p>9:30 Glam hour 10:30 water plants in patio 11:00 Coffee Shop 12:30 Afternoon walks 2:00 Happy hour &amp; snacks 3:00 Puzzle fun</p>	<p><b>9</b></p> <p>9:30 Morning Exercise 10:00 Balloon Toss 11:00 Piano Bob 12:30 watercolor Fun 1:30 Afternoon walks 2:30 Snacks &amp; documentary</p>
<p><b>9</b></p> <p>9:30 Bethania Service 10:30 Morning Stretches 11:30 Mother's Day Lunch 12:30 Afternoon walks 1:30 Snack &amp; Chat 2:30 One on ones</p> <p>Mother's Day</p>	<p><b>10</b></p> <p>9:00 Morning exercise 10:00 Balloon Toss 11:00 Piano Bob 12:30 watercolor Fun 1:30 Afternoon walks 2:30 Snacks &amp; documentary</p>	<p><b>11</b></p> <p>9:00 Glam Hour 10:00 Balloon toss 10:30 chair workouts 12:30 village green walks 1:30 Happy hour 2:30 one on ones</p>	<p><b>12</b></p> <p>8:30 Morning Exercise 9:15 Balloon Toss 10:00 milkshakes &amp; brain teasers 12:30 Patio Games 2:00 Afternoon walks 4:30 Birthday Dinner</p>
<p><b>13</b></p> <p>9:00 Positive world news 10:00 Glam hour 12:30 Let's get fit 1:30 Hydration station 2:30 Ipad games</p>	<p><b>14</b></p> <p>9:00 Morning Movement 10:00 Hot coco &amp; cookies 12:30 Piano Bob 1:30 Tricky trivia 2:30 Hollywood classics &amp; snacks</p>	<p><b>15</b></p> <p>9:30 Glam Hour 10:30 water plants in patio 11:00 coffee shop 12:30 Strangest things found in the universe documentary 2:00 Afternoon walks <i>*National Astronomy Day Armed Forces Day</i></p>	<p><b>16</b></p> <p>9:30 Bethania Service 10:30 morning stretches 12:30 Life of wild horses documentary 1:30 Heartland series 2:30 Snack &amp; chat <i>*National Horse rescue day</i></p> <p>Shavuot Begins</p>
<p><b>16</b></p> <p>9:00 Morning exercise 10:00 Balloon Toss 11:00 Piano Bob 12:30 Puzzle Fun 1:30 Afternoon walks 2:30 Snacks &amp; documentary</p>	<p><b>17</b></p> <p>9:00 Morning exercise 10:00 Balloon Toss 11:00 Piano Bob 12:30 Puzzle Fun 1:30 Afternoon walks 2:30 Snacks &amp; documentary</p>	<p><b>18</b></p> <p>9:00 Glam Hour 10:00 Balloon toss 10:30 chair workouts 12:30 Memory games 1:30 Happy hour 2:30 one on ones</p>	<p><b>19</b></p> <p>8:30 Morning Exercise 9:15 Balloon Toss 10:00 milkshakes &amp; brain teasers 12:30 music in the Patio 2:00 Afternoon walks</p>
<p><b>20</b></p> <p>9:00 Positive world news 10:00 Glam hour 12:30 Let's get fit 1:30 Hydration station 2:30 Ice cream Social</p>	<p><b>21</b></p> <p>9:00 Morning Movement 10:00 Hot coco &amp; cookies 12:30 Piano Bob 1:30 Music trivia 2:30 snack cart</p>	<p><b>22</b></p> <p>9:30 Glam hour 10:30 water plants in patio 11:00 Coffee Shop 12:30 Afternoon walks 2:00 Snack &amp; chat 3:00 One on ones</p>	<p><b>23</b></p> <p>9:30 Bethania Service 10:30 Morning Stretches 12:30 Jeopardy 1:30 snack &amp; chat 2:30 One on ones</p>
<p><b>23</b></p> <p>9:00 Morning exercise 10:00 Balloon Toss 11:00 Piano Bob 12:30 watercolor Fun 1:30 Afternoon walks 2:30 Snacks &amp; documentary</p>	<p><b>24</b></p> <p>9:00 Morning exercise 10:00 Balloon Toss 11:00 Piano Bob 12:30 watercolor Fun 1:30 Afternoon walks 2:30 Snacks &amp; documentary</p>	<p><b>25</b></p> <p>9:00 Glam Hour 10:00 Balloon toss 10:30 chair workouts 12:30 afternoon walks 1:30 Happy hour 2:30 one on ones</p>	<p><b>26</b></p> <p>8:30 Morning Exercise 9:15 Balloon Toss 10:00 milkshakes &amp; brain teasers 12:30 Patio Games 2:00 Afternoon walks</p>
<p><b>27</b></p> <p>9:00 Positive world news 10:00 Glam hour 12:30 Let's get fit 1:30 Craft Corner 2:30 Coffee social for Pat Fritch ! <i>HAPPY B-Day Pat F.</i></p>	<p><b>28</b></p> <p>9:00 Morning Movement 10:00 Hot coco &amp; cookies 12:30 Piano Bob 1:30 Dean Martin 2:30 Movie Matinee</p>	<p><b>29</b></p> <p>9:30 Glam hour 10:30 water plants in patio 11:00 Coffee Shop 12:30 Afternoon walks 2:00 Happy hour &amp; snacks 3:00 Puzzle Fun</p>	<p><b>30</b></p> <p>9:30 Bethania Service 10:30 Morning Stretches 12:30 Jeopardy 1:30 snack &amp; chat 2:30 One on ones</p>
<p><b>30</b></p> <p>9:00 Morning exercise 10:00 Balloon Toss 11:00 Piano Bob 12:30 Puzzle Fun 1:30 Afternoon walks 2:30 Snacks &amp; documentary</p>	<p><b>31</b></p> <p>9:00 Morning exercise 10:00 Balloon Toss 11:00 Piano Bob 12:30 Puzzle Fun 1:30 Afternoon walks 2:30 Snacks &amp; documentary</p>	<p>Activities are subject to change daily.</p>	
<p>Memorial Day</p>			