

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Church Service Rides 1 (Around the Valley) 9:00 Bethania Live Stream Church 2:30 Popcorn and a Movie (Bedtime Stories) Assisted Living Room 4:00 Chapel – SYV Grace (Care Center DR)	9:00 4 Ever Fit Monday 2 (Community Center) 10:00 Balance Class (Community Center) 2:00 Channel 4 Movie (in Your Room) 3:00 Bocce and Beer (9-03) <i>Labor Day</i>	9:00 Brain Workout Before You 3 Workout (Assisted Living Room) 10:00 Exercise Class (Community Center) 10:30 Communion with Father Peters (Care Center DR) 1:30 Country Drive 3:00 Games in the Living Room	9:30 Downtown Shopping 4 (Bank, Rite Aid) 10:30 Mani Spa (Assisted Living Room) 12:30 Chair Travel (Assisted Living Room) 1:30 Family Feud (Assisted Living Room) 2:30 BINGO (Community Center)	9:00 Brain Strength (Assisted 5 Living Room) 10:00 Exercise Class (CANCELED) 10:30 Mexican Train – Dominos (Assisted Living Room) 1:30 Facials (Assisted Living Room) 3:00 Gardening on the Patio	9:00 Brain Exercise Before You 6 Exercise (Assisted Living Room) (CANCELED) 10:00 Fun & Fit Exercise (CANCELED) 10:00 BINGO (Assisted Living Room) 1:30 Trivia Game (Assisted Living Room) 3:00 Atterdag Game Club & Beer (CANCELED) 3:00 Card Games (Asst. Living Rm)	10:00 Yoga with Barbara 7 (CANCELED) 10:00 Grandma's Attic (Community Center) 10:30 BINGO (Assisted Living Room) 1:30 Easy Bake Cookies (Assisted Living Room) 3:00 Documentary – Our Planet Assisted Living Room
9:00 Church Service Rides 8 (Around the Valley) 9:00 Bethania Live Stream Church 2:30 Popcorn and a Movie (Inkheart) Assisted Living Room 4:00 Gospel Singer Church (Care Center DR)	9:00 4 Ever Fit Monday 9 (Community Center) 10:00 Balance Class (Community Center) 2:00 Channel 4 Movie (in Your Room) 3:00 Bocce and Beer (9-03) <i>Independence Day</i>	9:00 Brain Workout Before You 10 Workout (Assisted Living Room) 10:00 Exercise Class (Community Center) 1:00 Country Drive 2:30 Glam Up (Assisted Living Room) 3:30 BINGO (Assisted Living Room)	9:30 Downtown Shopping 11 (Bank, Rite Aid) 10:30 Mani Spa (Assisted Living Room) 1:00 Pretzels and Decorating for the Birthday Dinner 2:30 BINGO (Community Center) 4:30 Birthday Dinner	9:00 Brain Strength (Assisted 12 Living Room) 10:00 Exercise Class (Community Center) 12:30 Chair Travel (Assisted Living Room) 1:30 Snow Cones 3:00 Gardening on the Patio	9:00 Brain Exercise Before You 13 Exercise (Assisted Living Room) 10:00 Fun & Fit Exercise (Community Center) 1:00 Mexican Train - Dominos (Assisted Living Room) 3:00 Atterdag Game Club & Beer (Community Center)	10:00 Yoga with Barbara 14 (Community Center) 1:30 Movie Matinee (The Water Horse: Legend of the Deep) Assisted Living Room 2:30 Coffee Shop and Treats (BLDG 14) 3:30 Sunshine on the Patio
9:00 Church Service Rides 15 (Around the Valley) 9:00 Bethania Live Stream Church 2:30 Popcorn and a Movie (Hotel for Dogs) Assisted Living Room 4:00 Chapel – Presbyterian (Care Center DR)	9:00 4 Ever Fit Monday 16 (Community Center) 10:00 Balance Class (Community Center) 2:00 Channel 4 Movie (in Your Room) 3:00 Bocce and Beer (9-03)	9:00 Brain Workout Before Yours 17 Workout (Assisted Living Room) 10:00 Exercise Class (Community Center) 1:30 Mexican Train – Dominos (Assisted Living Room) 3:30 Art Show 4:00 Family Feud (Assisted Living Room)	9:30 Downtown Shopping 18 (Bank, Rite Aid) 10:30 Mani Spa (Assisted Living Room) 12:30 Chair Travel (Assisted Living Room) 1:30 Wheel of Fortune (Assisted Living Room) 2:30 BINGO (Community Center)	9:00 Brain Strength (Assisted 19 Living Room) 10:00 Exercise Class (Community Center) 11:00 Communion with Pastor Chris (Care Center DR) 1:30 Country Drive 2:00 Aquatics Class (Community Center Pool) 3:00 Gardening on the Patio	9:00 Brain Exercise Before You 20 Exercise (Assisted Living Room) 10:00 Fun & Fit Exercise (Community Center) 11:30 Danish Days Lunch Center Pieces 3:00 Atterdag Game Club & Beer (Assisted Living Room)	9:00 Danish Days Glam Up in 21 the Living Room 10:00 Yoga with Barbara (Community Center) 10:00 BINGO (Assisted Living Room) 1:30 Leaving for Danish Days Parade <i>Oktoberfest Begins</i>
9:00 Church Service Rides 22 (Around the Valley) 9:00 Bethania Live Stream Church 2:30 Popcorn and a Movie (The Magnificent Ambersons) Assisted Living Room 4:00 Chapel – 1st Baptist Church (Care Center DR)	9:00 4 Ever Fit Monday 23 (Community Center) 10:00 Balance Class (Community Center) 2:00 Channel 4 Movie (in Your Room) 3:00 Bocce and Beer (9-03) <i>Autumn Begins</i>	9:00 Brain Workout Before You 24 Workout (Assisted Living Room) 10:00 Exercise Class (Community Center) 12:30 Coffee Shop (Atterdag Lounge BLDG 14) 2:30 Sunshine on the Patio 3:30 BINGO (Assisted Living Room)	9:30 Mani Spa (Assisted Living 25 Room) 10:30 Resident Assembly (Assisted Living Room) 12:30 Chair Travel (Assisted Living Room) 1:30 Family Feud (Assisted Living Room) 2:30 BINGO Extravaganza (Community Center)	9:00 Brain Strength (Assisted Living 26 Room) 10:00 Exercise Class (Community Center) 1:00 Downtown Shopping (Bank, Rite Aid) 2:30 Gardening on the Patio 3:30 General Assembly (Main Livingroom) 4:00 Family Feud (Assisted Living Room)	9:00 Brain Exercise Before You 27 Exercise (Assisted Living Room) 10:00 Fun & Fit Exercise (Community Center) 1:00 Making Halloween Table Center Pieces 3:00 Atterdag Game Club & Beer (Community Center)	10:00 Yoga with Barbara 28 (Community Center) 10:30 BINGO (Assisted Living Room) 12:30 Movie Matinee (The Sisterhood of the Traveling Pants) Assisted Living Room 1:30 Glam Up (Assisted Living Room) 3:00 Happy Hour (Assisted Living Room)
9:00 Church Service Rides 29 (Around the Valley) 9:00 Bethania Live Stream Church 2:30 Popcorn and a Movie (The Sisterhood of the Traveling Pants 2) Assisted Living Room	9:00 4 Ever Fit Monday 30 (Community Center) 10:00 Balance Class (Community Center) 2:00 Channel 4 Movie (in Your Room) 3:00 Bocce and Beer (9-03) <i>Rosh Hashanah (first day)</i>	<h1>September 2019</h1> <h2>Assisted Living Calendar *Activities are subject to change*</h2>				